Trainingsplan außerhalb Ferien Hauptsaison **# 31.10. - 12.02.2017**

Uhrzeit	Montag Arena 1	Montag TEH	Montag Eisfläche 3	Dienstag Arena	Dienstag TEH	Dienstag Eisfläche 3	Mittwoch Arena	Mittwoch TEH	Mittwoch Eisfläche 3	Donnerstag Arena	Donnerstag TEH	Donnerstag Eisfläche 3	Freitag TSIT Heimspiel Arena	Freitag TSIT Heimspiel TEH	Freitag TSIT Heimspiel Eisfläche 3	Freitag TSIT Auswärtsspiel Arena	Freitag TSIT Auswärtsspiel TEH	Freitag TSIT Auswärtsspiel Eisfläche 3	Samstag Arena	Samstag TEH	Samstag Eisfläche 3	Sonntag TSIT Heimspiel Arena	Sonntag TSIT Heimspiel TEH	Sonntag TSIT Heimspiel Eisfläche 3	Sonntag TSIT Auswärtsspiel Arena	Sonntag TSIT Auswärtsspiel TEH	Sonntag TSIT Auswärtsspiel Eisfläche 3	Uhrzeit
06:45 - 07:00																												06:45 - 07:00
07:00 - 07:15																												07:00 - 07:15
07:15 - 07:30																												07:15 - 07:30
07:30 - 07:45					7.30 - 8.45 BBS U14 & U16		7.30 - 8.45 BBS U14 & U16				7.30 - 8.45 BBS U14 & U16																	07:30 - 07:45
07:45 - 08:00																												07:45 - 08:00
08:00 - 08:15																												08:00 - 08:15
08:15 - 08:30																												08:15 - 08:30
08:30 - 08:45																						8.15-9.15 Hobby						08:30 - 08:45
08:45 - 09:00																			8.45 - 9.45 Anf & U8	7.15-10.15 ECN								08:45 - 09:00
09:00 - 09:15													9.00-10.15 TSIT										8.45-9.45 Hobby	8.30-10.00 Hobby		8.45-9.45 Hobby	8.30-10.00 Hobby	09:00 - 09:15
09:15 - 09:30																						9.30-10.15 TSIT						09:15 - 09:30
09:30 - 09:45																					9.30-10.15 ECN				9.30-10.15 TSIT			09:30 - 09:45
09:45 - 10:00																												09:45 - 10:00
10:00 - 10:15		8.00-12.15 Schule		10.00 - 12.00 TSIT	9.00-13.00 Schule		10.00 - 12.00 TSIT	8.00-10.00 Schule		10.00 - 12.00 TSIT						10.00 - 12.00 TSIT												10:00 - 10:15
10:15 - 10:30																												10:15 - 10:30
10:30 - 10:45																				10.30 - 11.30				10.15-11.45 Hobby			10.15-11.45 Hobby	10:30 - 10:45
10:45 - 11:00																												10:45 - 11:00
11:00 - 11:15																					11.15-12.15 Hobby							11:00 - 11:15
11:15 - 11:30																												11:15 - 11:30
11:30 - 11:45																												11:30 - 11:45
11:45 - 12:00																												11:45 - 12:00
12:00 - 12:15																						10.30-13.30 EHC Spiel			11.30-14.30 EHC Spiel			12:00 - 12:15
12:15 - 12:30																												12:15 - 12:30
12:30 - 12:45		12.30-14.30 Senioren lauf																										12:30 - 12:45
12:45 - 13:00																			12.15-14.00 FCN Eishockey	11.45-14.45 EHC Spiel								12:45 - 13:00
13:00 - 13:15																					12.30-14.30 Hobby							13:00 - 13:15
13:15 - 13:30																												13:15 - 13:30
13:30 - 13:45							13.30-15.30 TSV 1846 ECN			13.30-17.00 ECN			13.30-15.30 ECN			13.30-17.00 ECN												13:30 - 13:45
13:45 - 14:00	13.45-17.30 ECN TSV1846		14.00-17.00 Eisstock Rentner					10.00-18.00 öff.Lauf			10.00-18.00 öff.Lauf			10.00-22.00 öff.Lauf			10.00-22.00 öff.Lauf					13.45-14.45 Hobby	10.00-18.00 öff.Lauf			10.00-18.00 öff.Lauf		13:45 - 14:00
14:00 - 14:15						14.00-15.00 Hobby																						14:00 - 14:15
14:15 - 14:30																												14:15 - 14:30
14:30 - 14:45				14.30-16.00 TSV 1846																								14:30 - 14:45
14:45 - 15:00		14.45-16.15 Schule																										14:45 - 15:00
15:00 - 15:15																												15:00 - 15:15
15:15 - 15:30						15.15-16.15 skills			15.30-16.30 ECN						15.45-16.45 TSV 1846													15:15 - 15:30
15:30 - 15:45							15.45 - 16.45 U10					15.45-16.45 Hobby	15.45- 16.45 Anf & U8															15:30 - 15:45
15:45 - 16:00																												15:45 - 16:00
16:00 - 16:15				16.15-17.30 TSIT					16.45 - 17.45 U12																			16:00 - 16:15
16:15 - 16:30																												16:15 - 16:30
16:30 - 16:45		16.30 - 18.00 Anf & U8																										16:30 - 16:45
16:45 - 17:00						17.00 - 18.15 TW									16.00-17.00 TSV 1846													16:45 - 17:00
17:00 - 17:15					17.15 - 18.30 U12					17.15-18.15 U10						17.15- 18.15 U12&U14												17:00 - 17:15
17:15 - 17:30			17.15-18.45 Hobby				17.00-18.30 ECN					17.00-18.15 ECN			17.00 - 18.15 U16													17:15 - 17:30
17:30 - 17:45																												17:30 - 17:45
17:45 - 18:00	17.45- 19.30			17.45 - 18.45 U10						18.15-19.00 U14																		17:45 - 18:00
18:00 - 18:15																												18:00 - 18:15
18:15 - 18:30								18.15 - 19.45 U16			18.15- 19.15 U12																	18:15 - 18:30
18:30 - 18:45	U14&U16					18.30-20.15 Hobby	18.45-20.30 ECN					18.30-20.00 Hobby			18.30-20.00 Hobby													18:30 - 18:45
18:45 - 19:00		18.15-19.45 BEV		19.00-20.30 FCN Schnelllauf						19.15 - 20.15 U16							18.15-19.15 U16						18.15-19.45 Hobby			18.15-19.45 Hobby		18:45 - 19:00
19:00 - 19:15					18.45 - 19.45 U14						19.30- 20.30 U19													18.45-20.00 Hobby			18.45-20.00 Hobby	19:00 - 19:15
19:15 - 19:30									20.00-21.00 öff.Lauf																			19:15 - 19:30
19:30 - 19:45																												19:30 - 19:45
19:45 - 20:00	19.45-21.45 ECN Formation				20.00 - 21.15 U19																	19.45-21.15 Hobby						19:45 - 20:00
20:00 - 20:15																												20:00 - 20:15
20:15 - 20:30							20.45 - 21.45 Landesliga & U19					20.15-22.15 Eisstock											20.00-21.30 Hobby	20.15-21.30 Hobby		20.00-21.30 Hobby	20.15-21.30 Hobby	20:15 - 20:30
20:30 - 20:45						20.30-21.45 Hobby									20.15-21.45 Hobby													20:30 - 20:45
20:45 - 21:00		20.00-21.30 FCN Eishockey		20.45-22.00 Landesliga							20.45-21.45 Landesliga					19.30-22.30 EHC Spiel												20:45 - 21:00
21:00 - 21:15			20.45-22.00 Hobby					21.15-22.45 Hobby																				21:00 - 21:15
21:15 - 21:30																												21:15 - 21:30
21:30 - 21:45					21.30-23.00 Hobby																	21.30-22.45 Hobby			21.15-22.30 Hobby			21:30 - 21:45
21:45 - 22:00																												21:45 - 22:00
22:00 - 22:15																												22:00 - 22:15
22:15 - 22:30	22.00-23.15 Hobby	21.45-23.00 Hobby	22.15-23.30 Hobby	22.15-23.30 Hobby		22.00-23.15 Hobby	22.00-23.15 Hobby		22.00-24.00 Hobby	22.00-23.15 Hobby		22.00-23.15 Hobby	22.15-23.45 Hobby	22.00-23.15 Hobby		22.15-23.45 Hobby	22.00-23.15 Hobby		20.00-24.00 Eisdisco	20.15-23.00 Eisdisco			21.45-23.15 Hobby	22.00-23.00 Hobby		21.45-23.15 Hobby	22.00-23.00 Hobby	22:15 - 22:30
22:30 - 22:45																												22:30 - 22:45
22:45 - 23:00																												22:45 - 23:00